



Product: Oatmeal Raisin 76g
Product Code: 04B-10207636

Ingredients: Oats, flour, sugar, raisins, glucose-fructose, vegetable oil margarine, vegetable oil shortening, dates, liquid whole eggs, modified tapioca starch, modified milk ingredients, water, cooking molasses, sodium bicarbonate, mono and diglycerides, salt, spice, enzymes, soy lecithin, natural and artificial flavours.

Allergens: *Contains wheat, eggs, milk ingredients and soy. Processed in a plant that contains peanuts, tree nuts, sulphites and tartrazine.*

Ingrédients: Avoine, farine, sucre, raisins secs, glucose-fructose, margarine d'huile végétale, shortening d'huile végétale, dattes, oeufs entiers liquides, amidon modifié de tapioca, ingrédients modifiés de lait, eau, mélasse de cuisine, bicarbonate de sodium, mono et diglycérides, sel, épice, enzymes, lécithine de soya, arôme naturelles et artificielles.

Allergènes: *Contient blé, oeufs, ingrédients laitiers et soya. Préparé dans une usine qui contient des arachides, noix, sulfites et tartrazine.*

Nutrition Facts	
Serving Size 1 cookie (38 g)	
Amount	% Daily Value*
Calories 160	
Fat 6 g	9 %
Saturated 1 g + Trans 1.5 g	13 %
Cholesterol 5 mg	2 %
Sodium 120 mg	5 %
Carbohydrate 26 g	9 %
Fibre 1 g	4 %
Sugars 14 g	
Protein 3 g	
Vitamin A 2 %	Vitamin C 0 %
Calcium 2 %	Iron 4 %
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less Than 65 g 80 g
Saturated + Trans	Less Than 20 g 25 g
Cholesterol	Less Than 300 mg 300 mg
Sodium	Less Than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fibre	25 g 30 g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4